



The Guardian Angel Little Book of Useful Contacts

Helpful information, organisations and local services for clients and families across Nottinghamshire and Lincolnshire.

Emergency and Essential Contacts

Nottinghamshire	Lincolnshire
Emergency Services 999	Emergency Services 999
NHS 111 111	NHS 111 111
Adult Social Care 0300 500 8080	Adult Social Care 01522 782155

Useful Support and Community Services

Nottinghamshire	Lincolnshire
Age UK Nottingham & Nottinghamshire 0115 844 0011	Age UK Lincoln & South Lincolnshire 01522 696000
Nottinghamshire Carers Hub 0808 802 1777	Lincolnshire Carers Service 01522 782224
Citizens Advice 0800 144 8848	Citizens Advice 0800 144 8848
Samaritans 116 123	Samaritans 116 123

National Charities and Advice Services

Organisation	Telephone / Notes
Alzheimer's Society Dementia Support Line	0333 150 3456
Dementia UK Admiral Nurse Helpline	0800 888 6678
Carers UK Advice Line	0808 808 7777
Marie Curie Support Line	0800 090 2309
Macmillan Cancer Support Line	0808 808 0000
Parkinson's UK Helpline	0808 800 0303
Stroke Association Helpline	0303 3033 100
Diabetes UK Helpline	0345 123 2399
British Heart Foundation Heart Helpline	0808 802 1234
Mind Infoline	0300 123 3393

Organisation	Telephone / Notes
Cruse Bereavement Support	0808 808 1677
Re-engage	0800 716 543
Independent Age Helpline	0800 319 6789
Age UK Advice Line	0800 678 1602
The Silver Line	0800 470 8090
Citizens Advice Adviceline	0800 144 8848
Samaritans	116 123

Trusted Local Businesses

Covering Lincoln & Newark

Plumber & Corgi Registered Gas
Lee Nickell of Nickell GHP – 07957 469354

Locksmith
Phil Cox of Lockforce – 07793 227757

Electrician
Thomas Dutton Electrical 07377 123631

Mobility Equipment Supplier
Ableworld – 01522 542856 or 01636 703598

Taxi Companies Lincoln
Direct Cars 01522 567567

Taxi Companies Newark
Z cars – 01636 700551 & Yellow Cabs – 01636 705200

Guardian Angel Carers Lincoln & Newark
Telephone: 01636 385904 or 01522 458780
Website: gacarers.co.uk/lincoln-newark
Compassionately caring for you

